

**DIVINE LITURGIES FOR THIS WEEK****Sunday, March 9, 2025**

9:00 AM - Lit. + Zofia Lajkosz r/by Bobbie and Family  
11:30 AM - Lit. For God's Blessings on Our Parishioners

**Tuesday, March 11, 2025**

6:30 PM - Stations of the Cross (English)

**Wednesday, March 12, 2025**

6:30 PM - Stations of the Cross (Ukrainian)

**Friday, March 14, 2025**

6:30 PM - Presanctified Liturgy

**Saturday, March 15, 2025**

9:00 AM - Lit. Divine Liturgy for all deceased parishioners - Lenten Commemoration and Panahyda  
5:00 PM - Lit. + Teresa Lisowski r/by Ulana Wowk

**Sunday, March 16, 2025**

Epistle - Heb 1:10-2:3; Gospel - Mk 2:1-12

9:00 AM - Lit. + Roman & Irene Ambrozewycz  
r/by Roman & Cathy

11:30 AM - Lit. For God's Blessings on Our Parishioners

**Taras Shevchenko Concert by the choir "Boyan".**

Sunday, March 9 following 9:00 am Liturgy.

Join us for a captivating musical and poetic day celebrating the timeless legacy of the legendary Ukrainian genius, Taras Shevchenko, whose words continue to inspire generations.

**Parish catechesis for March:**

- March 8 - teenagers (13-18 years old), Saturday, 6:30-8:30 pm
- March 11 - women (English), Tuesday, after the Stations of the Cross at 6:30 pm
- March 15 - children 3-7 years old (up to and including 1st grade), Friday, 6:30-8:00 pm
- March 16 - young adults, over 18 years old, Sunday at 11:15 am after coffee
- March 22 - FAMILY DAY for parents and children 8-18 years old (2nd-12th grades), 8:15 pm
- March 23 - young adults, over 18 years old, Sunday at 11:15 am after coffee
- March 26 - women (Ukrainian), Wednesday, after the Stations of the Cross at 6:30 pm

**Candyland Gift Auction.**

Thanks to a great turn out, nice prizes and a commitment of St. Ann's Society members, the Gift Auction at Assumption parish in Perth Amboy, NJ was a smashing success! It takes our ladies months to plan and organize a fundraiser of this size, and it is totally worth every minute. People attended from all over to bid on hundreds of prizes. Attendees also had the opportunity to order the food prepared by the parish Holy Name Society in the school kitchen. The parish youth helped to carry hundreds of gifts to many lucky winners. Thanks to all who donated their talents towards making this event a great success.

**The Way of the Cross****with the Fratelli Quartet from Rome.**

During this holy time of Great Lent, we invite you to a special Way of the Cross led by the Fratelli Quartet from Rome. This will be a profound prayerful experience, filled with spiritual reflection, repentance, and contemplation on Christ's suffering.

Assumption Church: Date: Wednesday, April 9th, 2025

Time: 6:30 PM

Let this evening be an opportunity for us to walk the path of Jesus together, to realize the depth of His love, and to draw closer to Him in prayer.

Come and let Christ's sacrifice speak to your heart.

**Congratulations** to JOSEPH and ROZALIA BRITTON who celebrate their 30th Wedding Anniversary!

Abundant Graces and Blessings. Mnohaya Lita!

**TODAY: The Sunday of Orthodoxy.**

We celebrate today the Restoration of the Holy Icons as an important part of the witness that the Son of God indeed "became flesh and dwelt among us, full of grace and truth" (John 1.14) as the very Icon of the invisible God (Col. 1.15). For a period of over 100 years, the Roman Emperors violently forbade icons in the churches or even in people's homes. Though "No one has ever seen God; the only-begotten Son, Who is in the bosom of the Father, has made Him known" (John 1.18). He was seen and touched, so the invisible God became depictable. St. Luke, who wrote the third Gospel, also painted the first icons. Thus, he expressed the Christian Faith in both words and images.

**ACS Alumni Answering God's Call!**

At Assumption Catholic School, we take praying for vocations seriously! We are thrilled to share that Alex Mosko has been ordained a Deacon—a major step toward the Priesthood. Once he is ordained a Priest, he will be the fourth ACS alum to enter the priesthood, joining Fr. Paul Makar and Fr. Taras Naumenko (Orthodox) and Fr. Anthony Distefano.

This is a testament to the power of prayer and the faith nurtured at ACS. Let's continue to pray for Deacon Alex and for more young men and women to answer God's call. Maybe the next ACS priest is learning in our school right now.

**Lenten Prostrations.**

During Lent we make more prostrations. That's a process that begins by making the sign of the Cross, then bowing down, resting your knees on the floor and then touching your forehead to the floor. When you do prostrations, please say the very ancient Prayer of St. Ephrem (+373)

- Lord and Master of my life, take away from me the will to be lazy and to be sad, the desire to get ahead of other people, to boast and brag. **(Profound bow)**
- Give me instead, a pure and humble spirit, the will to be patient with other people and to love them. **(Profound bow)**
- Let me realize my own mistakes and keep me from judging the things other people do. For you are blessed, now and forever. Amen. **(Profound bow)**

**QUESTIONS: Fasting & Abstinence**

- *What is the difference between fasting and abstinence?*

Fasting means to go without food or drink for a determined period of time or to limit the amount of food one consumes. Abstinence is to abstain from eating certain foods, for a period of time.

- *What is the Church's teaching on fasting & abstinence?*

Following the Lord's teaching, the Church asks the faithful to fast on certain days and to abstain from meat and also from dairy products on certain days.

- *Is fasting not harmful to the body, given to us by God Himself?*

Fasting is going without food for a certain period of time. As any human appetite, food can become addictive, or take too much of our human focus. Fasting is an act of the will, whereby we willingly deny ourselves. Self denial helps us control our appetites.

- *How are the faithful to observe a fast day?*

On fast days, we totally abstain from meat and dairy products and take only one full meal. Other meals should be of smaller proportions, like snacks.

- *How can we remember all those days of abstinence?*

With only a tiny effort. Parishioners in our church receive a church calendar, on which days of fasting and abstinence are usually marked with a large fish symbol.